




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>R.E.S.P.E.C.T.</b></p> <p><b>“T” is for Teamwork</b></p> 		<p><b>1 New Year's Day</b></p> <p>There will be no planned activities or shuttle runs today.</p> <p><b>Happy New Year!</b></p> 	<p><b>2</b></p> <p><b>Shopping Runs</b>  <b>8:30 - 9:15</b> Cub Foods (EXPRESS RUN)  <b>9:45 - 11:30</b> Super Target/ Trader Joe's  <b>12:30 - 1:30</b> Aldi and Lund's  <b>2:00 - 3:15</b> Cub Foods (LONGER RUN)</p> <hr/> <p><b>9:30</b> Arthritis Exercise Class video (<b>NO KATE</b>) - RR  <b>10:30</b> Cribbage - 1st floor Lounge  <b>2:00</b> Scrabble - 1st floor Lounge  <b>3:30</b> Social Hour with Coffee &amp; Cookies - 1st floor Lounge</p>	<p><b>3</b></p> <p><b>9:30</b> Interdenominational Worship Service - RR  <b>10:00</b> Walking Club - 1st floor  <b>11:15 - 11:45</b> Blood Pressure Check - Outside the Club  <b>12:30</b> Schwan's - Mailboxes  <b>2:30</b> Pies with the Guys - PDR  <b>6:30</b> Bridge Club - 4th floor Lounge</p>	<p><b>4</b></p> <p><b>9:00</b> Social Hour - 1st floor Lounge  <b>9:30</b> Arthritis Exercise Class - RR  <b>2:00</b> Banking Run / The Hub, Walgreen's, Dollar Store  <b>2:00</b> Yahtzee - 4th floor Lounge  <b>3:00</b> Stretch &amp; Sing with Brad- RR  <b>2:15</b> Bookworms - PDR  <b>7:00</b> Movie: <i>Officer and a Gentlemen</i></p>	<p><b>5</b></p> <p><b>10:30</b> Animal Themed Trivia with Jason - 1st floor Lounge  <b>2:00</b> Movie: <i>An Officer and a Gentlemen</i>  <b>7:00</b> Movie: <i>Boundaries</i></p>
<p><b>6</b></p> <p><b>8:25</b> St. Richard's Catholic Church  <b>8:30</b> Our Lady of Peace Catholic Church  <b>10:30</b> St. Peter's Catholic Church  <b>10:30</b> Concentration with Jason - 1st floor lounge  <b>11:30</b> Mount Olivet Lutheran Church  <b>2:00</b> Movie: <i>Boundaries</i>  <b>3:30</b> Coffee Hour - Bistro  <b>7:00</b> Movie: <i>Quartet</i></p>	<p><b>7</b></p> <p><b>8:00 - 3:00</b> Medical Shuttle  <b>9:00</b> Social Hour - 1st floor Lounge  <b>9:30</b> Arthritis Exercise Class - RR  <b>10:30</b> All Resident Meeting - 1st floor AR  <b>12:30 - 1:00</b> Blood Pressure Check - Outside the Club  <b>2:00</b> Skip-Bo - 4th floor Lounge  <b>3:30</b> Manicures - Activity Office  <b>6:30</b> Bible Study- Bistro</p>	<p><b>8</b></p> <p><b>8:00 - 3:00</b> Medical Shuttle  <b>11:00</b> Catholic Mass with Father Jerry - 1st floor Lounge  <b>12:30</b> Political Discussion Group - PDR  <b>1:30</b> Tripoley - 1st floor Lounge  <b>2:00</b> Tell Your Story - RR  <b>3:00</b> Stand Up and Stretch Exercise Video w/ Leota - RR  <b>6:30</b> "500" - 4th floor Lounge  <b>7:30</b> Village Shores Choir - DR</p>	<p><b>9</b></p> <p><b>Shopping Run</b>  <b>9:00 - 10:15</b> Cub Foods</p> <hr/> <p><b>9:30</b> Arthritis Exercise Class with Kate - RR  <b>10:30</b> Cribbage - 1st floor Lounge  <b>11:00</b> Mystic Lake Casino  <b>2:00</b> Scrabble - 1st floor Lounge  <b>3:30</b> Social Hour with Coffee &amp; Cookies - 1st floor Lounge  <b>7:30</b> BINGO - DR</p>	<p><b>10</b></p> <p><b>10:00</b> Walking Club - 1st floor  <b>10:00</b> Minnesota Orchestra Coffee Concert  <b>11:30</b> Lunch Music with James - DR  <b>11:15 - 11:45</b> Blood Pressure Check - Outside the Club  <b>2:00</b> Beanbag Toss- 1st floor Lounge  <b>6:30</b> Bridge Club - 4th floor Lounge</p> <p><b>(AL AFTERNOON BUS TRIP)</b></p>	<p><b>11</b></p> <p><b>9:00</b> Social Hour - 1st floor Lounge  <b>9:30</b> Arthritis Exercise Class - RR  <b>11:00</b> New Resident Luncheon - PDR  <b>2:00</b> Yahtzee- 4th floor Lounge  <b>3:00</b> Seated Polka- RR  <b>(Note new day &amp; time)</b>  <b>7:00</b> Movie: <i>Quartet</i></p>	<p><b>12</b></p> <p><b>10:30</b> Yahtzee with Jason - RR  <b>2:00</b> Movie: <i>Quartet</i>  <b>7:00</b> Movie: <i>Operation Finale</i></p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>13</b></p> <p><b>8:25</b> St. Richard's Catholic Church</p> <p><b>8:30</b> Our Lady of Peace Catholic Church</p> <p><b>10:30</b> St. Peter's Catholic Church</p> <p><b>10:30</b> Scattergories with Jason - 1st floor Lounge</p> <p><b>11:30</b> Mount Olivet Lutheran Church</p> <p><b>2:00</b> Movie: <i>Operation Finale</i></p> <p><b>3:30</b> Coffee Hour - Bistro</p> <p><b>7:00</b> Movie: <i>New in Town</i></p>	<p><b>14</b></p> <p><b>8:00 - 3:00</b> Medical Shuttle</p> <p><b>9:00</b> Social Hour - 1st floor Lounge</p> <p><b>9:30</b> Arthritis Exercise Class - RR</p> <p><b>10:30</b> Poker - 1st floor Lounge</p> <p><b>12:30 - 1:00</b> Blood Pressure Check - Outside the Club</p> <p><b>2:00</b> Skip Bo - 4th floor Lounge</p> <p><b>3:00</b> Manicures - Activity Office</p> <p><b>6:30</b> Bible Study - Bistro</p>	<p><b>15</b></p> <p><b>8:00 - 3:00</b> Medical Shuttle</p> <p><b>10:00</b> Walking Club - 1st floor</p> <p><b>11:15</b> Hearing Clinic - RR</p> <p><b>11:30</b> Stallions Lunch - Bistro</p> <p><b>1:30</b> Tripoley - 1st floor Lounge</p> <p><b>2:00</b> Communion Service with Mount Olivet Lutheran Church - RR</p> <p><b>3:00</b> Caregiver Support Group - PDR</p> <p><b>3:00</b> Stand Up and Stretch Exercise Video with Leota - RR</p> <p><b>6:30</b> "500"- 4th floor Lounge</p> <p><b>7:30</b> Gnu Woodwind Quintet - DR</p>	<p><b>16</b></p> <p><b>Shopping Runs</b></p> <p><b>8:30 - 9:15</b> Cub Foods (EXPRESS RUN)</p> <p><b>9:45 - 11:30</b> Super Target/ Trader Joe's</p> <p><b>12:30 - 1:30</b> Aldi and Lund's</p> <p><b>2:00 - 3:15</b> Cub Foods (LONGER RUN)</p> <hr/> <p><b>9:30</b> Arthritis Exercise Class with Kate-RR</p> <p><b>10:30</b> Cribbage- 1st floor Lounge</p> <p><b>10:30</b> - Creating Your Family History-PDR</p> <p><b>11:30</b> Lunch Music with Brad - DR</p> <p><b>2:00</b> Scrabble - 1st floor Lounge</p> <p><b>3:30</b> Social Hour with Coffee &amp; Cookies</p>	<p><b>17</b></p> <p><b>9:30</b> Interdenominational Worship Service - RR</p> <p><b>10:00</b> Walking Club - 1st floor</p> <p><b>11:15 - 11:45</b> Blood Pressure Check - Outside the Club</p> <p><b>11:30 - 1:30</b> Walking with Kate Outing to Savage Sports Dome</p> <p><b>12:30</b> Schwan's - Mailboxes</p> <p><b>2:00</b> Full Bloom- "January Hit Parade"- RR</p> <p><b>5:00 - 7:00</b> "Won't You Be My Neighbor" Referral Happy Hour and Pizza Party- 1st floor Lounge (RSVP ONLY)</p> <p><b>6:30</b> Bridge Club- 4th floor Lounge</p>	<p><b>18</b></p> <p><b>9:00</b> Social Hour - 1st floor Lounge</p> <p><b>9:30</b> Arthritis Exercise Class - 1st floor AR</p> <p><b>10:00</b> SPCO- Wooddale Church in Edina</p> <p><b>2:00</b> Banking Run / The Hub, Walgreen's, Dollar Store</p> <p><b>2:00</b> Dental Health Presentation with Richfield Dentistry- RR</p> <p><b>2:00</b> Yahtzee - 4th floor AR</p> <p><b>7:00</b> Movie: <i>Sweetland</i></p>	<p><b>19</b></p> <p><b>10:30</b> Name That Tune with Jason- 1st floor Lounge</p> <p><b>2:00</b> Movie: <i>Sweetland</i></p> <p><b>7:00</b> Movie: <i>Pick of the Litter</i></p>
<p><b>20</b> <i>Last day to use month's meal credits</i></p> <p><b>8:25</b> St. Richard's Catholic Church</p> <p><b>8:30</b> Our Lady of Peace</p> <p><b>10:30</b> St. Peter's Catholic Church</p> <p><b>10:30</b> Concentration with Jason - 1st floor lounge</p> <p><b>11:30</b> Mount Olivet Lutheran Church</p> <p><b>2:00</b> Movie: <i>Pick of the Litter</i></p> <p><b>3:30</b> Coffee Hour- Bistro</p> <p><b>7:00</b> Movie: <i>Slumdog Millionaire</i></p>	<p><b>21</b> <i>First day to use new month's meal credits</i></p> <p><b>8:00 - 3:00</b> Medical Shuttle</p> <p><b>9:00</b> Social Hour - 1st floor Lounge</p> <p><b>9:30</b> Arthritis Exercise Class - RR</p> <p><b>10:30</b> Team Trivia- RR</p> <p><b>12:30 - 1:00</b> Blood Pressure Check - Outside the Club</p> <p><b>2:00</b> Skip Bo - 4th floor AR</p> <p><b>3:00</b> Manicures- Activity Office</p> <p><b>6:30</b> Bible Study- Bistro</p> <p><b>Complimentary Dinner for Residents with Birthdays in January</b></p>	<p><b>22</b></p> <p><b>8:00 - 3:00</b> Medical Shuttle</p> <p><b>10:00</b> Walking Club -1st floor</p> <p><b>12:30</b> Political Discussion Group - PDR</p> <p><b>1:30</b> Tripoley- 1st floor Lounge</p> <p><b>2:00</b> Book-of-the-Month - PDR</p> <p><b>2:00</b> "Thanks for the Memories" - RR</p> <p>Lecture with Musicologist Mike Henry</p> <p><b>3:00</b> Stand Up and Stretch Exercise Video with Leota- RR</p> <p><b>6:30</b> "500"- 4th floor AR</p> <p><b>7:30</b> Village Shores Choir Rehearsal - DR</p>	<p><b>23</b></p> <p><b>Shopping Runs</b></p> <p><b>8:30 - 9:15</b> Cub Foods (EXPRESS RUN)</p> <p><b>9:45 - 11:30</b> Super Target/ Trader Joe's</p> <p><b>12:30 - 1:30</b> Aldi and Lund's</p> <p><b>2:00 - 3:15</b> Cub Foods (LONGER RUN)</p> <hr/> <p><b>9:30</b> Arthritis Exercise Class with Kate - 1st floor AR</p> <p><b>10:30</b> Dogs Need Love - RR</p> <p><b>10:30</b> Cribbage- 1st floor Lounge</p> <p><b>2:00</b> Scrabble - 1st floor Lounge</p> <p><b>3:30</b> Social Hour with Coffee &amp; Cookies - 1st floor Lounge</p> <p><b>7:30</b> BINGO - DR</p>	<p><b>24</b></p> <p><b>9:30</b> Breakfast Lover's Outing to Good Day Café in Golden Valley</p> <p><b>10:00</b> Walking Club - 1st floor</p> <p><b>11:15 - 11:45</b> Blood Pressure Check - Outside of LifeSprk</p> <p><b>2:00</b> Travelling Naturalist Lee Ann Landstrom- "Mysteries of Madagascar"- RR</p> <p><b>6:30</b> Bridge Club- 4th floor Lounge</p>	<p><b>25</b></p> <p><b>9:00</b> Social Hour - 1st floor Lounge</p> <p><b>10:00 - 11:00</b> Wal Mart Shopping Outing</p> <p><b>10:00</b> Project Veteran- In home pet visits for Vets</p> <p><b>9:30</b> Arthritis Exercise Class - RR</p> <p><b>2:00</b> Birthday Party for January Birthdays- Music by Johnny Pineapple as "Texarkana Tex"- DR</p> <p><b>3:00</b> Seated Polka- RR <b>(New Day &amp; Time)</b></p> <p><b>7:00</b> Movie: <i>Dave</i></p>	<p><b>26</b></p> <p><b>10:30</b> Yahtzee with Jason- RR</p> <p><b>2:00</b> Movie: <i>Dave</i></p> <p><b>7:00</b> Movie: <i>Won't You Be my Neighbor</i></p> 
<p><b>27</b></p> <p><b>8:25</b> St. Richard's Catholic Church</p> <p><b>8:30</b> Our Lady of Peace</p> <p><b>10:30</b> St. Peter's Catholic Church</p> <p><b>10:30</b>- Scattergories with Jason - 1st floor Lounge</p> <p><b>11:30</b> Mount Olivet Lutheran Church</p> <p><b>2:00</b> Movie: <i>Won't You Be My Neighbor</i></p> <p><b>3:30</b> Coffee Hour- Bistro</p> <p><b>7:00</b> Movie: <i>Borg vs. McEnroe</i></p>	<p><b>28</b></p> <p><b>8:00 - 3:00</b> Medical Shuttle</p> <p><b>9:00</b> Social Hour - 1st floor Lounge</p> <p><b>9:30</b> Arthritis Ex. Class- RR</p> <p><b>10:30</b> Poker- 1st floor Lounge</p> <p><b>12:30 - 1:00</b> Blood Pressure Check - Outside the Club</p> <p><b>2:00</b> Skip Bo - 4th floor AR</p> <p><b>3:00</b> Manicures - Activity Office</p> <p><b>6:30</b> Bible Study- Bistro</p>	<p><b>29</b></p> <p><b>8:00 - 3:00</b> Medical Shuttle</p> <p><b>10:00</b> Walking Club - 1st floor</p> <p><b>1:30</b> Tripoley- 1st floor Lounge</p> <p><b>2:00</b> Sing a Long with Mary-DR</p> <p><b>3:00</b> Stand Up and Stretch Exercise Video with Leota- RR</p> <p><b>6:30</b> "500" - 4th floor AR</p> <p><b>6:30</b> Art with Carlyn-RR</p>	<p><b>30</b></p> <p><b>Shopping Runs</b></p> <p><b>8:30 - 9:15</b> Cub Foods (EXPRESS RUN)</p> <p><b>9:45 - 11:30</b> Super Target/ Trader Joe's</p> <p><b>12:30 - 1:30</b> Aldi and Lund's</p> <p><b>2:00 - 3:15</b> Cub Foods (LONGER RUN)</p> <hr/> <p><b>9:30</b> Arthritis Exercise Class with Kate-AR</p> <p><b>10:30</b> Cribbage- 1st floor Lounge</p> <p><b>2:00</b> January Happy Hour- DR</p> <p>Music by James Shaw</p> <p><b>3:00</b> Scrabble - 1st floor Lounge</p> <p><b>3:30</b> Social Hour with Coffee &amp; Cookies</p>	<p><b>31</b></p> <p><b>9:30</b> Outing to American Swedish Institute &amp; Lunch at Lucky's 13</p> <p><b>10:00</b> Walking Club- 1st floor</p> <p><b>11:15 - 11:45</b> Blood Pressure Check - The Club</p> <p><b>12:30</b> Schwan's - Mailboxes</p> <p><b>2:00</b> Genetic Cancer Test Information Session- RR</p> <p><b>6:30</b> Bridge Club- 4th floor</p>	<p><b>RR</b> - RICHFIELD ROOM on 1st floor - All movies shown here</p> <p><b>BISTRO</b> - RESTAURANT on 1st floor</p> <p><b>DR</b> - MAIN DINING ROOM on 2nd floor</p> <p><b>LOUNGE</b> - COMMON AREA on 1st, 2nd, and 4th floors</p> <p><b>PDR</b> - PRIVATE DINING ROOM on 2nd floor</p> <p><b>LIFESPRK</b> - OFFICE on 4th floor</p> <p><b>THE CLUB</b> - FITNESS CENTER on 1st floor</p>	